



How Your Smartphone Can Help Save Your Life

Smartphones can be our lifelines. Learn how they can save your life in an emergency and what you can do to prepare for the unexpected.



Emergency Situations Made Easier



Medical Information

First responders can access your medical information quickly to identify any conditions or allergies that could require immediate attention.

Emergency Contacts

Your emergency contacts can be easily accessed so first responders can notify them quickly of the situation and your location.

Location Services

In emergency situations, your location can be quickly identified, even if you are unable to communicate it yourself.

Setting Up Emergency Contacts and Medical Info on Android



1. Open Settings
2. Search for Safety and Emergency
3. Tap Medical Info select Edit
4. Enter Info
5. Tap Back Button to Safety & Emergency
6. Tap Emergency Contacts
7. Select or Search for Contact
8. Tap Plus Sign

Setting Up Emergency Contacts and Medical Info on iPhone



1. Open the Health app
2. Tap your profile picture
3. Tap Medical ID
4. Edit Medical ID
5. Add Emergency Contacts and Medical Info

Scroll down to the Emergency Contacts section and tap the green plus button to add an emergency contact. You can also add your medical information by scrolling down to the Medical Information section and tapping the green plus button.

Accessing Your Medical Information



Medical ID

Setup your phone's Medical ID with important health information, such as known allergies, medical conditions, medications, and blood type.



Bypassing Phone Lock

First responders can access your Medical ID from the Lock Screen even if your phone is locked with a passcode or Touch ID.



View from Medical Staff

Medical professionals can view your Medical ID from their device by connecting it to yours using NFC or scanning a QR code.

Importance of Emergency Contacts



Providing Information

Emergency contacts can provide information to first responders about any medical conditions, allergies, or medications you may have.

1

Notifying Loved Ones

Emergency contacts can be notified quickly and easily, giving loved ones peace of mind knowing you're safe.

2

Assisting in Decision Making

Your emergency contacts can be consulted to help make important decisions in times of crisis, such as whether to undergo surgery or not.

3

The Significance of Bypassing Phone Codes



Bypassing Passcodes

First responders can bypass your phone's passcode or Touch ID by using your Medical ID to access important medical information.



Quick Action in an Emergency

Bypassing phone codes can give first responders the information they need to stabilize you in time-sensitive emergency situations.



Security Concerns

Bypassing phone codes can raise concerns about phone security, but the benefits of accessing critical medical information in an emergency outweigh the risks.

Using Technology to Save Lives

- 1 **Faster Response Times**



Conclusion

Take Action Today

Take a few minutes to set up your phone's Medical ID and emergency contacts so first responders can access the information they need in an emergency.

Spread the Word

Share this information with your friends and family so they too can prepare for unexpected situations.